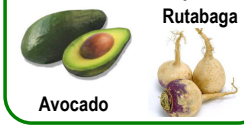
Hill-Murray Pioneers Lunch Menu

December 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 $3.50 Penne Matriciana Breadstick $3.50 Turkish Grilled Chicken Flatbread Sandwich **Alternative Entrée** $2.25 Spicy Chicken	**1** $3.50 FOOTERS Chips $2.00 Caprese Pizza **Alternative Entrée** $2.00 French Toast Sticks	**2** $3.50 Chicken Caesar Wrap $3.50 Italian Sausage Calzini **Alternative Entrée** $2.75 Chicken Tenders	**3** $3.50 Nachos Grande Gucamole $2.00 Chicken Alfredo Pizza **Alternative Entrée** $2.50 Grilled BBQ Chicken	**4** $3.50 Macaroni & Cheese Vegetable $3.50 Asian Pork Sandwich **Alternative Entrée** $2.00 Mini Corn Dogs
7 WINTER WONDERLAND $3.50 White Chicken Chili Baked Potato Halves $3.50 Honey Glazed Cornbread Holiday Cookie **Alternative Entrée** $2.00 Grilled Cheese	**8** $3.50 Made to Order Burrito $2.00 Thai Chicken Pizza **Alternative Entrée** $2.50 Wisconsin Burger	**9** $3.50 Sweet & Sour Pork Brown Rice $3.50 Spinach Lasagna Roll Up Garlic Toast **Alternative Entrée** $2.00 Egg Roll	**10** $3.50 Italian Dunkers Roasted Root Vegetables $2.00 Italian Sausage & Gorgonzola Cheese Pizza **Alternative Entrée** $2.50 Bacon Cheese Burger	**11** $3.50 Cheese Quesadilla Mexican Rice $3.50 Spaghetti with Meat Sauce Breadstick **Alternative Entrée** $2.25 Chicken O's
14 $3.50 New Your Deli $3.50 Oven Baked Caprese Ciabatta **Alternative Entrée** **$2.75** Mozzarella Sticks	**15** $3.50 Gourmet BLT $2.00 Southwestern Pizza **Alternative Entrée** $2.00 Grilled Chicken	**16** $3.50 Turkey Tetrazzini $3.50 Monti Cristo **Alternative Entrée** **$2.75** Chicken Tenders	**17** $3.50 Thai Noodle Bowl $2.00 Buffalo Chicken Pizza **Alternative Entrée** **$2.00** BBQ Riblet	**18** $3.50 Fettuccini with Grilled Chicken & Arugula Breadstick $3.50 Gourmet Burger Chips **Alternative Entrée** **$2.75** Ham & Cheese Croissant
21 FIRST DAY OF WINTER **CHRISTMAS VACATION**	**22** **CHRISTMAS VACATION**	**23** **CHRISTMAS VACATION**	**24** CHRISTMAS EVE **CHRISTMAS VACATION**	**25** CHRISTMAS DAY **CHRISTMAS VACATION**
28 Never skip a meal to conserve calories, it may make you more apt to overeat at the next meal.	**29** **HOLIDAY TIPS** Have a snack, such as fruit, an hour before a big feast. If you are too hungry, you probably will overeat.	**30** Take a walk instead of a second helping.	**31** NEW YEAR'S EVE **CHRISTMAS VACATION**	 **Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar.**

DECEMBER
HARVEST OF THE MONTH



Menus subject to change without notice.

Milk Choice of 1%, Skim and 1% Chocolate

It seems that the holiday season, from Thanksgiving to New Year's Day revolves around food. Pastries and holiday goodies are temptations that seem impossible to refuse at parties and family gatherings.

Remember... "All things in moderation" is a good slogan!

All Entrees include Milk. Trip to the Food Bar with each Entrée only $1.00 extra!

Prepared From Scratch
Contains Pork
Vegetarian Entrée
Harvest of the Month

To check the balance in your account or for additional information, contact:
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